



Heads up! The IRS has released the 2026 plan contribution limits for Health Savings Accounts (HSAs), High Deductible Health Plans (HDHPs), and Flexible Spending Accounts (FSAs).

Health FSA Contribution Limit	
2025	2026
\$3,300	\$3,400

Health FSA Carryover	
2025	2026
\$660	\$680

Dependent Care FSA	
2025	2026
\$5,000	\$7500

HSA – Annual Contribution Limit		
	2025	2026
Single	\$4,300	\$4,400 per year
Family	\$8,550	\$8,750 per year

HSA Catch-up Contribution Over Age 55	
2025 and 2026	
\$1,000	

HDHP – Minimum Qualifying Deductible		
	2025	2026
Single	\$1,650	\$1,700
Family	\$3,300	\$3,400

HDHP – Maximum Out-of-Pocket Expenses		
	2025	2026
Single	\$8,300	\$8,500
Family	\$16,600	\$17,000



Have any questions?

Contact your TPSC Account Manager today.